



Euphoria
Wellness
and
Spa Center



Natural Forces Within Us are the True Healers of Disease

“Hippocrates”

Welcome to **Euphoria Wellness and Spa Center.**

A modern spa which offers health, well-being, beauty and warmth.

Our beauty therapists will guide you through the «Spa Menu» so you choose the suitable treatment for you.

Relaxation and well-being are the commitments of our wellness center, where we invite you to balance your body and mind. In our Euphoria Spa, there is a heated swimming pool, with two water jets and a hydromassage jacuzzi, in the water zone, one private area, equipped with an authentic hammam (steam room) for a steam bath and a Finnish sauna for thermal bath, in the temperature zone, treatment rooms for healing and beauty treatments.



THALASSOTHERAPY

A unique program offering curative effects of mineral enriched seawater.

The program is recommended for frequent thalassotherapy and is very beneficial for back problems, arthritis, osteoporosis or for sheer indulgence and relaxation.

Our thalassotherapy spa is situated in the middle of the resort just one level downwards from the lobby.

Consists of, the main thalassotherapy pool, seawater hydromassage, sauna, hamam, Jacuzzi and four full equipped treatment rooms.

THALASSOTHERAPY	Duration	Price Per Person
Thalasso Pool	50 min	20 €
Sauna/ Steam Bath	45 min	25 €
Jacuzzi	30 min	10 €
Package	60 min	30 €
(Thalasso Pool/Sauna/Steam & Jacuzzi)		



UNIQUE HOLISTIC MESSAGES

Treat yourself and your loved ones to a unique experience of the senses and incomparable beauty results with the signature of the International Research Center and Cosmetology of the French brand «Phytomer». The Phytomer products follow the highest quality standards with natural, organic ingredients and highlight your natural beauty.

SIGNATURE PHYTOMER FACE LIFTING MASSAGE

Enjoy a precision lifting massage designed by an osteopath, for the face, neck and décolleté. The results are instant and visible, the facial contours are reshaped, wrinkles are smoothed, and the complexion is rejuvenated.

The innovative massage with the "roller" & "shaper" acts on three levels.

It stimulates the microcirculation and oxygenation of the skin, enhances the muscle tone and mobility of skin tissue, fills and smoothes fine lines and wrinkles.

As after a "Face Lifting" your skin is smooth, plump, and radiant.

Let yourself go to the ultimate beauty technique dedicated to youth.

Duration: 45min/70€

OLIGOMER® SPA MASSAGE / SIGNATURE TREATMENT

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and a massage. The session provides a unique sensory experience thanks to OLIGOMER® Phytomer legendary active marine ingredient, and its extraordinary remineralizing and strengthening benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation. Scrub without shower.

Duration: 90min/120€

CANDLE MASSAGE

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress by inviting you into a joyful sensorial escape.

You have but to choose amongst 3 different natural perfumes, Douceur d'Orient with sandalwood orange for complete relaxation and harmonization of senses. Charm of Andalusia, with citrus sunflower, vetiver, for relaxation revivification of soul, body and mind. Perles de Philippines, with coconut, rosewood, orange, for toning, revitalization, and amplification of energy.

Duration: 60min/90€

EXOTIC MASSAGE

This ritual Massage with authentic Monoi de Tahiti the holy oil of Polynesia, is a time full of pleasure that balances the energy flow and promotes total relaxation and wellness. This precious nectar with its sophisticated fragrance flows from the head down to the feet, following the energy lines offering its soothing and purifying properties.

Special Massage, deep movements with the forearms, gentle pressures, relax tired areas, absorb tension and stress while they transfer you into an exotic paradise of fragrances and colors.

Duration: 60 min/90€



BIOAROMA

CRETE

SIGNATURE EUPHORIA MASSAGE by Biorama

Bioaroma Crete it is a pioneering organic cosmetics and natural perfumes company, environmentally friendly with sustainable development. The misión is to utilize the natural wealth of Greek land by creating high-quality organic cosmetics and fragrances, by incorporating vertically integrated action sequences.

Relax Massage

Relaxing massage that offers relaxation and rejuvenation to ease stress, calm your senses and revitalize your whole body.

Duration: 25min-50min/40€-75€

Aromatherapy Massage

This massage will bring a maximum sense of relaxation based on the calming effects of the essential oils while stimulating circulation and leaving your body deeply moisturized.

Duration: 25min-50min/45€-80€

Reflexology

This massage concentrates on specific points on feet, offering improvement and optimal wellbeing.

Duration: 40min/65€

Back Neck and Shoulder Massage

Relaxing massage that eliminates tension and energy blockages On your upper body, with therapeutic virtues particularly for difficult conditions.

Duration: 25min/45€

Three Candles Massage

Discover a new beauty ritual concept: 3 Massage candles, for a complete body treatment by candlelight relaxing, firming, and energizing.

Duration: 50min/80€

Pre- Natal

This massage is carefully designed for pregnant women or nursing mothers, manages all the needs during pregnancy.

Duration: 40min/55€



DEEP TISSUE MASSAGE

Muscle release massage

The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness. A series of intensive techniques is used to increase circulation, release built-up toxins, heal and restore balance to the body and nervous system. Feel your muscles release all the tension, while the luxurious naturally-scented oils envelop your skin and exhilarate your mind.

Duration: 50min/75€



FACIAL TREATMENTS

CLEAR SKIN EXPRESS

Skin Cleansing Treatment

A warming, absorbent marine face mask is followed by a custom facial mask to clear pores for skin that's cleansed and a complexion that's refreshed.

Duration: 40min/70€

HYDRA ORIGINAL

Plumping Thirst-Relief Facial with Organic Algae

A skincare essential that pairs moisturizing performance with intense relaxation using organic ingredients, sense-awakening textures and a relaxing massage to leave skin soothed and glowing, plumped and rested.

Duration: 60min/90€

DOUCEUR MARINE

Comforting Soothing Treatment

A nurturing treatment that softens sensitive skin and strengthens its defenses with soothing, hydrating results.

Duration: 60min/85€

EXPERT YOUTH

Wrinkle Correction Treatment

The leading anti-aging ritual that targets all wrinkles to smooth the skin, reduce lines and re-plump the face.

Duration: 60min/110€



After Sun Treatment

This treatment is ideal after the sun exposure. It offers an intensive hydration for sun damaged skin which helps maintain moisture balance.

Duration: 25min/35€

BODY TREATMENTS

SATIN SHIMMER - MARINE SCRUB

Silky Body Multi- Exfoliant Treatment

An exfoliation combined with a massage for an express beauty treatment that leaves the skin soft and silky.

Duration: 50min/70€

OLIGOMER® SEA FOAM EXFOLIATION

Well-being Foaming Massage

A soft foam for deep cleansing of the skin that moisturizes, tones and rejuvenates sensitive and irritated skin.

Duration: 50min/70€

OLIGOMER® SEA FOAM MASSAGE AND CALMING MASK

Well-being Foaming Massage Sensitive Skin

An exquisite treatment that relieves, calms and hydrates irritated skin and offers an incomparable sensation of relaxation, softness and rejuvenation.

3 basic steps to restore health to your skin: a gentle creamy-foamy cleanser is used with natural sea sponges followed by a soothing gel-mask and a moisturizing cream that offer your body comfort, elasticity and glow.

Duration: 60min/90€

SCULPT ZONE

Targeted Heating Wrap Abdomen - Buttocks - Thighs

An intensive exfoliating scrub, a targeted massage and an innovative thermo-sculpting wrap eliminate curves and cellulite in record time. The results are dramatic with over 1 cm reduction in waist size in just 4 treatments.

Duration: 60min/120€



One day wellness packages

Thalasso program

Sauna/hammam/thalasso pool 50min
Mud therapy 50min
Aromatherapy massage body and face 50min

Special rate

105€

per person

Recovery program

Back neck and shoulder massage 35min
Feet massage 25min
Facial massage 25min

Special rate

90€

per person

"A touch of heaven"

Sauna/ Hammam/jacuzzi 30min
Aromatherapy massage 15min
Facial after sun treatment 15min

Special rate

45€

per person



BEAUTY TREATMENTS



Semi- Permanent Polish Hand	30 €
Semi- Permanent Polish Feet	35 €
Manicure Simple	25 €
Pedicure Simple	35 €
Spa Manicure	30 €
Spa Pedicure	40 €
Nail Painting	12 €
Manicure /Pedicure Simple	50 €
Spa Manicure/ Spa pedicure	60 €
Kids mani & pedi	20 €

Waxing

Half Leg	15 €
Complete Leg	30 €
Under Arms	12 €
Bikini Line	15 €
Lip	8 €
Eyebrow Form	20 €
Back & Shoulder	30€
Chest & Stomach	20 €

Attention: For your skin's protection, please do not expose yourself to the sun right after treatment

How to Spa

Please arrive 15 minutes before your treatment. When late the duration of the treatment will have to be reduced. Regrettably we have to charge for appointments not cancelled 24 hours in advance.

- Prior to your treatment, you will be requested to complete a medical evaluation form. Guests in pregnancy or Heart conditions are prohibited to use the spa facilities.
- Please remove all jewelry and clothing, leaving on your undergarments or swimsuit. For some treatments you will be provided with disposable undergarments by your therapist. If your treatment involves water therapy you are required to take a shower and wear a swimsuit.
- For your safety and convenience, we recommend that you leave your valuables at home. Lockers for storage are provided, however we regret that we cannot be responsible for loss or damage of personal articles.
- During treatments, please let your therapists know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care is our outmost important priority.
- If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort.
- There is no pressure to talk during a treatment. It is entirely up to you. If you have any questions or would like to talk, certainly do so. The therapists will take their cues from you. If you are quiet they will be too.
- Personal belongings are not permitted in the Spa treatment rooms or in the thalassotherapy pool area as well as phone communication and photo shooting. This is the time for your body and mind to release the worries and stresses of the day.
- The Spa is an adult oriented environment, therefore we are not able to accept appointments for children under the age of sixteen (16).
- Because we are concerned about your health and beauty, as well as our environment, our Spa is smoke free (e-smoke also).
- We hope you enjoy this interlude of pampering and relaxation.

- Our guests can use the Thalassotherapy Pool only for thalassotherapy, hydro-massage and relaxation programs.
- Our Thalassotherapy Pool is accessible only with pre-booked appointments.
- Please respect our peaceful ambiance and the privacy of other guests. To ensure everyone enjoys their experience we recommend to share public spaces respectfully and act in a considerate, quiet and reserved manner with regard to other. Non-compliance with the Spa etiquette may result in suspending your access to the facilities.
- The Spa reserves the right to remove any client from the premises and terminate the membership of any member who fails to follow our Spa Regulations. Refunds will not be provided in any of these instances.
- Opening Hours Spa: Monday – Sunday: 10:00 – 18:00

CANCELLATION - FEES

Any cancellation or rescheduling of appointment during the last hour, before the treatment, the charge will be equal to 50% of the treatment's price and in case of non-show, by any appointment, the charge will be equal to 75% of the treatment's price.





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